



## *Inner City Youth Golfers' Incorporated*

### **"LIFE'S DO'S & DON'TS"**

#### **“Say NO To Drugs – Say YES To Education, Culture & Golf”**

Golf is a great game. It is a game that was originally played by kings and noblemen on sand links in Scotland. Golf was introduced in America in the late 1800's and from that time has grown in popularity. It is estimated that some 11 million golfers play over 15,000 golf courses.

You can play it for a lifetime, and unlike other sports, you don't have to be big, strong, fast or part of a team to be successful. Golf is one of the very few sports in the world in which the rules are enforced by the participants - honesty. Anyone - boys, girls, young and old can enjoy golf.

The idea of the game of golf is to move the ball in as fewer strokes as possible from the starting area as it may take until you get it to the green and into the hole – stay focused. The more you play it - practice, the more fun it is, so enjoy the game of golf and remember your do's and don'ts!

#### **DO'S**

- 1. Respect your parents and or guardians;**
- 2. Finish high school/college with honor; dedicate yourself to high morals and values;**
- 3. Be honest, courteous, kind and on your best behavior;**
- 4. Wear your shirt in your pants up on your waist with a belt; Look good at all times;**
- 5. Say please, thanks, I am sorry - when appropriate – it is not going to hurt you;**
- 6. Concentrate and stay positively focused;**
- 7. Be punctual at all times; be on time; be thirty minutes early if possible;**
- 8. Do something kind for someone every day;**
- 9. Do unto others as you would have them do to and for you: on the golf course – rake the trap/bunker after you have played a shot from it, replace your divots and repair depressions made when your ball hits the green, say good shot to your opponent, be a good sport, place the flagstick carefully back into the hole after putting;**
- 10. Always concentrate on good things and stay positively focused!**

## **DON'TS**

- 1. Do not use illegal drugs at any time;**
- 2. Do not encourage or purchase any illegal drugs for others;**
- 3. Do not associate yourself with any gangs or bad groups;**
- 4. Do not smoke;**
- 5. Do not use profanity at any time and do not ever tell anyone - shutup;**
- 6. Do not talk back to your parents or guardians;**
- 7. Do not lie, cheat or steal;**
- 8. Do not bully others;**
- 9. Do not destroy any parts of your own community.**
- 10. Specifically, while on the golf course:**
  - a. Do not talk when another player is playing. Don't bring your cell phone.**
  - b. Do not run on the golf course, bring your head set or chew gum.**
  - c. Do not move when another player is playing. Do not talk, move or stand directly behind someone when they are playing.**
  - d. Do not giggle or make fun of another person if they miss a shot.**
  - e. Do not slide or drag your feet on the green. Do not destroy any property on the golf course. Do not bang your clubs on the ground.**
  - f. Do not place your golf bag on the green.**
  - g. Do not have more than 14 clubs in your bag.**
  - h. Safety first - do not play until players in front of you are out of range.**

**REMEMBER: One kind deed to a person deserves another!**

**“CONCENTRATION ON YOUR EDUCATION,  
CULTURAL ACTIVITIES  
AND  
THE GAME OF GOLF  
WILL KEEP YOU OUT OF TROUBLE!”**